

# shine

The Sunshine Coast  
Private Hospital  
*at Buderim*

AUTUMN 2017



## Australian-first theatre imaging equipment

Shine is a community publication of The Sunshine Coast Private Hospital, a leading Queensland not-for-profit private hospital

Brendan Leslie, Dr Tamba-Lebbie, Wallis Westbrook and Steven Forster

# Message from Wallis Westbrook, General Manager



Welcome to another edition of *Shine*. I hope you had a wonderful Christmas and New Year shared with family and friends.

2017 will be another exciting year for the Sunshine Coast with many innovative programs, services and facilities coming to fruition to benefit our community.

As Chair of the Sunshine Coast Council's Health and Wellbeing Taskforce,

I am honoured to be involved in the development of major health initiatives that are designed to help make our region one of the healthiest in Australia.

We look forward to the opening of the new Sunshine Coast University Hospital and working with our colleagues at Queensland Health to continue to deliver the highest quality of patient outcomes for the entire Sunshine Coast region.

As a large and growing regional centre, I believe our community deserves access to sophisticated services close to where we work and live. In my role as General Manager of The Sunshine Coast Private Hospital as well as Chair of the Taskforce, I am passionately committed to ensuring our community has access to outstanding healthcare services.

The introduction of Australian-first imaging equipment in our theatre complex did not happen in Melbourne or Sydney or Brisbane - it happened right here on the Sunshine Coast. The precision and accuracy this 4k imaging provides is world-class

and I'm extremely proud to say that hundreds of local people have already benefited from the technology.

This edition of *Shine* also highlights another fantastic piece of equipment that was recently introduced to benefit our smallest patients. Another first for the Sunshine Coast, the new infant hearing device is extremely effective, less disruptive for parents and babies and can take as little as 10 seconds.

Of course, all of this technology wouldn't be nearly as effective without the support of our amazing team and the care and compassion they provide each and every day. Our 'promise' on page 6 is a great visual way of ensuring our patients are aware of our commitment to providing person-centred care.

A number of free education sessions are also outlined in this newsletter - I encourage you to take note of the dates and encourage those in your networks who may benefit to come along.

PINKTOBER® for our Cindy Mackenzie Breast Cancer Program was a great success and I would like to thank everyone who supported us throughout the month. Every October we are once again reminded of what makes the Sunshine Coast so special. My sincere thanks also goes to local insurance company, AIB Australia, for sponsoring our education series.

Together with my colleagues, Adriana Leonardi who is featured in this edition, and Rae Priaulx, Director of Nursing, we form the hospital's Executive team. We invite your comments and suggestions about *Shine* and the services the hospital provides as we truly value your feedback. If you are able, we would also be most appreciative of any contribution you are able to make to help us continue our work.

**Wallis Westbrook**

General Manager

The Sunshine Coast Private Hospital

# New imaging equipment the key to safer surgery

**Hollywood technology new to Australian hospitals is doing more than simply thrilling movie goers – it is enabling surgeons at The Sunshine Coast Private Hospital to operate with greater precision and accuracy.**

In an Australian first, the hospital has installed a system of ultra high-definition (4k) imaging equipment in its operating theatres which give its surgeons the world's highest levels of detail and contrast for a greatly enhanced surgical experience.

The million dollar system offers four times the resolution of the conventional high definition screens surgeons use and 64 times as many colours.

*“You can more easily differentiate between different tissues and ligaments. This is incredibly important as greater resolution is directly related to better patient outcomes. During surgery, just a few millimetres can make a big difference”*

Sunshine Coast orthopaedic surgeon Dr George Parker said there was a huge difference between current imagery and the 4k pictures.

“The clarity, contrast and colour are far better and there is a greater depth of field,” Dr Parker said.

“You can more easily differentiate between different tissues and ligaments. This is incredibly important as greater resolution is directly related to better patient outcomes. During surgery, just a few millimetres can make a big difference.”

“In most cases, the provision of these extremely high resolution images will also enable surgeons to reduce patient surgery times, potentially resulting in the patient experiencing less trauma and bleeding,” he said.

The technology was installed in the hospital's theatres in

October 2016 and hundreds of procedures have already been conducted using 4k imaging.

The latest James Bond movie – Spectre – was made using 4k, as well as Mad Max: Fury Road. To get a better understanding of how advanced the technology is, 4k offers four times the resolution of the current 1080p Blu-ray discs.

Other Australian hospitals have also purchased the equipment and are in the process of installing and implementing the technology. The system is already being utilised in hospitals in New Zealand, the United States of America and Europe.

Wallis Westbrook, General Manager, said the hospital is committed to continuing to invest in new technology to provide the highest level of care to Sunshine Coast patients and the community.

“The introduction of this technology will further support and strengthen the hospital's wide range of surgical services, especially laproscopic work including general surgery, urology, ear, nose and throat, orthopaedic, and endoscopic services,” Wallis said.



Dr Tamba-Lebbie demonstrates the new equipment

# New infant screening device takes only seconds to detect hearing loss

**In a Sunshine Coast-first, a new device that enables infant hearing screening to be performed in as little as 10 seconds has been introduced at The Sunshine Coast Private Hospital.**

The hospital's Healthy Hearing Program Coordinator, Sharon Dean, said the introduction of the new technology has significantly reduced average screening times.

"Traditional screening devices can take up to 15 minutes to complete a baby's hearing screen," Ms Dean said.

"The new equipment's screening time ranges between 10 and 15 seconds. As midwives this gives us back precious time to do what we do best - provide care and support to families during what can be an exciting but also challenging and emotional time as well," she said.

"The efficiency of the new device means that the screening is far less intrusive for the baby as it is not required to be connected to screening equipment for long periods."

*"The fact this device is so quick also means that the screen is less intrusive for families as the baby is not hooked up to the screening equipment for long periods."*

The new screening units are about the same size as a standard mobile phone and have been in operation at the hospital since late 2016. The device, called a MADSEN AccuScreen, allows for better accuracy and control for the operator and the accessories are gentle on infant skin—they are also easier to apply and remove.

The Sunshine Coast Private Hospital's Healthy Hearing Program has been in place for 12 years and aims to identify babies born with hearing loss and refer them on for further audiology assessment.

Current statistics show that one or two babies out of every 1,000 born will experience significant hearing loss - with around 60,000 babies born in Queensland each year, this means approximately 80 babies born in Queensland each year will experience hearing loss.

New mum Kate Cox from Woombye, said she was thrilled for her newborn daughter Bonnie to be one of the first babies to benefit from the new hearing screen.



Midwife Eva Hoebee (left) is pictured with Kate and Matthew Cox and baby Bonnie

"When I was a baby my hearing screen involved someone ringing a bell behind my ear," Mrs Cox said.

"As a parent it's very reassuring to know that advanced technology like this now exists and can provide such swift and accurate information about our baby's hearing," she said.

If you would like to learn more about the new hearing screen or our maternity services, please visit [sunshinecoasthospital.com.au/maternity](http://sunshinecoasthospital.com.au/maternity)

## You are invited to our Teddy bear Fair



Help us celebrate 30 years of providing maternity services to the Sunshine Coast by joining us at our Teddy Bear Fair on Sunday 21 May from 9am - 1pm.

Join us for a FREE day of fun, food and excitement which celebrates Buderim babies and children everywhere. There will be loads of exciting activities, displays, prizes, entertainment, tours and workshops to choose from - so bring yourself, your family and your teddy and join us for the day.

Visit [sunshinecoasthospital.com.au/teddy](http://sunshinecoasthospital.com.au/teddy) for more information or to register for a maternity tour.

## Meet Adriana



For more than 30 years Adriana Leonard has worked for UnitingCare Health and dedicated herself to providing outstanding service and patient care.

A former nurse, Adriana held many senior roles at St Stephen's Hospital on the Fraser Coast before joining The Sunshine Coast Private Hospital's Executive team in 2000. In her role

as the Director of Support Services, Adriana leads all of The Sunshine Coast Private Hospital's non-clinical functions such as maintenance, housekeeping, catering, administration, reception, supply and business development.

"My wonderful colleagues here at the hospital are like family to me and it brings me enormous pleasure to mentor them to provide the best possible experience for patients during what can be a difficult time," Adriana said.

"Sometimes it's the small things that can make a big difference to patients when they are feeling scared and vulnerable so we dedicate ourselves to ensuring that patients are cared for in every facet of their stay here," she said.

"You can't work for an organisation as long as I have without truly loving what you do, caring about the people you work alongside, and taking great satisfaction in achieving the best possible outcomes for patients."

If you have a question for Adriana or you would like to talk to her about providing a gift to the hospital, you can reach her by phoning **5430 3305**.

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## New garden provides healing and hope

**Thanks to a generous gift from the Casuarina Garden Group, patients, staff and visitors now have a new place on the hospital campus to relax and reflect.**

As part of its annual donation to a community group, the garden club provided seating and artwork for the new hospital garden which is in a quiet and shaded area close to the hospital's main entrance. The area is also the new home to the hospital's 'Angel Garden' which remembers babies sadly lost to miscarriage, stillbirth or lost in the days, weeks, months or years after birth.



Jenny Cameron (left) is pictured with Ann Viner from the hospital's Auxiliary (right) in the garden with the beautiful butterfly artwork which was created by local artist, Robert Everingham.

Casuarina Garden Club member, Jenny Cameron, said she was very proud to have coordinated the group's donation.

"It's important for our club to contribute to our local community and see first-hand how our support is making a difference," Jenny said.

"We are so happy to have helped create this beautiful space which will hopefully be a little ray of sunshine when people are facing a difficult time or have lost hope," she said.

If you would like to talk to someone about making a gift towards a project, service or piece of equipment at the hospital, please contact Adriana Leonard on **5430 3305**.

## Mental health information sessions aim to empower family and carers



**In 2017 the hospital's Cooinda Mental Health Service is offering a series of free Mental Health Information Sessions for family and carers of a person who is experiencing a mental illness.**

The sessions aim to inform and empower attendees so they can use the knowledge to better understand and support their loved one.

Wallis Westbrook, the hospital's General Manager, said the sessions were established in 2014 as another way for the hospital to engage with the community to help improve its overall health and wellbeing.

"Following feedback from people who have been touched by mental illness, we realised family and carers needed education and information about mental health from experts," Wallis said.

The sessions are presented in everyday language and in a friendly and supportive environment. The events also allow the opportunity to talk with others who may be going through similar experiences.

## Did you know?

The word 'Cooinda' has its origin in Aboriginal language and means happy place.

## Save the date

The dates for the 2017 mental health education sessions are:

- Wednesday 5 April – Caring for loved ones with post-natal depression
- Wednesday 7 June – Mental health and older persons
- Wednesday 2 August – Supporting loved ones with anxiety disorders
- Wednesday 4 October – Supporting loved ones with depression

For catering purposes, please contact the Cooinda Mental Health Service to register on **1300 780 413** or [scph.cooinda@uhealth.com.au](mailto:scph.cooinda@uhealth.com.au)

## Our promise



If you've ever visited our Cooinda Mental Health Service, you would have seen our promise statement.

The promise contains some powerful words that we take very seriously. Our intent is to assure our patients and their families that they will each be treated as individuals and as partners in their care. We recognise them not just as patients with a particular condition but as unique people with unique circumstances, concerns and relationships, and on a unique journey.

# PINKTOBER® raises over \$40,000



Wallis Westbrook, General Manager, is pictured with Lisa Daldy, Cindy Mackenzie Breast Cancer Program Coordinator, and Graham and Annie Bowtell from the Noosa Hash House Harriers who supported the program during PINKTOBER®

## **PINKTOBER® is over for another year and we are excited to let you know we raised over \$40,000 in support of Sunshine Coast families affected by breast cancer.**

We rely on the generosity of the community to operate and our PINKTOBER® campaign is our most important fundraiser of the year. All funds raised are vitally important as they enable us to support those in our local community who are struggling emotionally, physically and financially due to a breast cancer diagnosis.

Thank you so very much to everyone who supported us throughout the month – those who organised or attended an event, donated money or prizes, bought a raffle ticket or merchandise, who volunteered, dressed up and decorated, liked our Facebook page or shared our posts, we truly appreciate your generosity.

# AIB Australia new partners in education

We are pleased to announce that AIB Australia Insurance Brokers have come on board to sponsor the Cindy Mackenzie Breast Cancer Program Education Series. The generous support of this local company is enabling us to deliver five free education events during 2017 to benefit families across the Sunshine Coast who have been affected by breast cancer.

We greatly appreciate AIB Insurance's support and encourage our community to take advantage of their generosity by attending the information sessions which will be presented by specialist clinicians.



## Save the date

The dates for the 2017 Cindy Mackenzie Breast Cancer Program education sessions are:

- **Wednesday 22 February** – Sexuality and gynaecological issues after breast cancer (please note concurrent sessions will be available to cater for both men and women)
- **Wednesday 26 April** – Lymphoedema following breast cancer surgery – what it is and how to manage it
- **Wednesday 21 June** – Living with secondary or advanced breast cancer
- **Wednesday 30 August** – Life after breast cancer and how you may be impacted physically and emotionally
- **Wednesday 25 October** – What you need to know about the prevention and early detection of breast cancer

Register your interest by calling **1300 557 710** or visit [sunshinecoasthospital.com.au/cindy](http://sunshinecoasthospital.com.au/cindy)

**Yes, I'd like to help The Sunshine Coast Private Hospital**

**Please direct my donation to:** (please tick)

- Area of greatest need    Cardiac    Mental Health  
 Cindy Mackenzie Breast Cancer Program  
 Breast Clinic    Maternity    Other .....

**Please choose a gift amount:**

- \$50    \$150    \$200    \$500

Own choice \$ .....

I would like to make a regular contribution of \$ ..... per month

Please send me information to leave a bequest

I have already left a bequest in my Will

**Cardholder details:**

Name: .....

Address: .....

Suburb: ..... State: ..... Postcode: .....

Phone: .....

Mastercard    Visa   Expiry date ..... / .....

Card number .....

Name on card .....

Signature .....

My cheque/money order payable to The Sunshine Coast Private Hospital is enclosed

Direct deposit: you can deposit directly into our bank account using the information below:

**BSB:** 014-002   **Account:** 8356 72569

**Reference:** Please use your last name and SCPHAU

**Every donation over \$2 is tax deductible and a receipt will be sent to you.**

Detach your completed form and send to:

Donor Care Team, UnitingCare Health

GPO Box 2240

Brisbane QLD 4001

*Thank You*



## How you can make a difference

### Donate

Your gifts are one of the best ways for The Sunshine Coast Private Hospital to enhance our services, keep up-to-date with technology, expand our clinical capacity and update our facilities. Thanks to the generosity of people like you, we can continue to improve the highest quality of clinical care for our patients. Donate online at [sunshinecoasthospital.com.au/donate](http://sunshinecoasthospital.com.au/donate)

### Regular giving

You decide the amount and the frequency of your donation which can be altered or paused at any time.

### Include us in your will

The inclusion of The Sunshine Coast Private Hospital in your will is the ultimate gesture of gratitude and perhaps the greatest compliment that you can pay the hospital.

Our mission is to improve the health and wellbeing of individuals and their families. We differentiate ourselves by living out our values to optimise patient care and experience, every day. Donations over \$2 are tax-deductible and a receipt will be sent to you.

**For more information on how you can support our life-saving endeavours, please contact our donor care team on 1800 001 953 or by email [fundraising@uhealth.com.au](mailto:fundraising@uhealth.com.au)**

**To learn more about any hospital project or service, please contact our team on 07 5430 3305 or visit: [sunshinecoasthospital.com.au](http://sunshinecoasthospital.com.au)**

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We have a range of procedures and policies in place to provide a secure environment for the personal information we hold.

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