Antenatal Class Calendar – 2023

Please note: All classes subject to change. Classes that are booked out have a strikethrough.

Healthy Pregnancy Class 12 – 22 Weeks (approx.) 6.00pm – 8.00pm (Mothers To Be Only)		Antenatal Class 30 Weeks (approx.) Full Day Saturday or Sunday Class (Part 1 – 4) 9.00am – 3.00pm		Active Birth Class 35 Weeks (approx.) 6.00pm – 8.00pm (Intended Vaginal Birth Only)
January	nil	21st	8th 15th	Mon 9th Thurs 12th Mon 16th
February	Thurs 2nd	4th 11th	19th	Mon 6th Thurs 9th Mon 20th
March	Thurs 2nd	4th	19th 26th	Thurs 9th Thurs 16th Mon 20th
April	Thurs 6th	15th 22nd	30th	Mon 3rd Thurs 20th Thurs 27th
May	Thurs 4th	6th 13th	21st	Mon 8th Thurs 18th Thurs 25th
June	Thurs 1st	3rd 17th	25th	Thurs 8th Mon 19th Thurs 22nd
July	Thurs 6th	8th	16th 23rd	Mon 3rd Thurs 13th Mon 17th
August	Thurs 3rd	5th 19th	13th	Mon 7th Thurs 17th Mon 21st
Sept	Thurs 7th	2nd	10th 24th	Mon 4th Thurs 14th Thurs 21st
October	Thurs 5th	7th 14th	22nd	Mon 9th Thurs 12th Thurs 19th
November	Thurs 2nd	4th	12th 19th	Mon 6th Thurs 16th Mon 20th
December	Thurs 7th	2nd 16th	10th	Mon 4th Thurs 14th Mon 18th

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