## Antenatal Class Calendar - 2023

Please note: All classes subject to change. Classes that are booked out have a strikethrough.

| Healthy Pregnancy Class <br> 12-22 Weeks (approx.) <br> 6.00pm - 8.00pm <br> (Mothers To Be Only) |  | Antenatal Class30 Weeks (approx.)Full DaySaturday or Sunday Class (Part 1-4)9.00am -3.00 pm |  | Active Birth Class <br> 35 Weeks (approx.) 6.00pm - 8.00pm <br> (Intended Vaginal Birth Only) |
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|  |  |  |  |  |
| January | nil | 21st | $\begin{aligned} & \text { 8th } \\ & \text { 15th } \end{aligned}$ | Mon 9th <br> Thurs 12th Mon 16th |
| February | Thurs 2nd | $\begin{aligned} & \hline \text { 4th } \\ & \text { 11th } \end{aligned}$ | 19th | Mon 6th <br> Thurs 9th Mon 20th |
| March | Thurs 2nd | 4th | $\begin{aligned} & \hline \hline \text { 19th } \\ & \text { 26th } \end{aligned}$ | Thurs 9th <br> Thurs 16th Mon 20th |
| April | Thurs 6th | $\begin{aligned} & \text { 15th } \\ & \text { 22nd } \end{aligned}$ | 30th | Mon 3rd <br> Thurs 20th Thurs 27th |
| May | Thurs 4th | $\begin{aligned} & \hline \text { 6th } \\ & \text { 13th } \end{aligned}$ | 21st | Mon 8th <br> Thurs 18th Thurs 25th |
| June | Thurs 1st | $\begin{gathered} \hline \text { 3rd } \\ \text { 17th } \end{gathered}$ | 25th | Thurs 8th <br> Mon 19th Thurs 22nd |
| July | Thurs 6th | 8th | $\begin{aligned} & \hline \text { 16th } \\ & \text { 23rd } \end{aligned}$ | Mon 3rd <br> Thurs 13th Mon 17th |
| August | Thurs 3rd | $\begin{aligned} & \hline \text { 5th } \\ & \text { 19th } \end{aligned}$ | 13th | Mon 7th <br> Thurs 17th Mon 21st |
| Sept | Thurs 7th | 2nd | $\begin{aligned} & \hline \text { 10th } \\ & \text { 24th } \end{aligned}$ | Mon 4th <br> Thurs 14th Thurs 21st |
| October | Thurs 5th | $\begin{gathered} \hline \text { 7th } \\ \text { 14th } \end{gathered}$ | 22nd | Mon 9th <br> Thurs 12th Thurs 19th |
| November | Thurs 2nd | 4th | $\begin{aligned} & \text { 12th } \\ & \text { 19th } \end{aligned}$ | Mon 6th <br> Thurs 16th Mon 20th |
| December | Thurs 7th | $\begin{aligned} & \hline \text { 2nd } \\ & \text { 16th } \end{aligned}$ | 10th | Mon 4th <br> Thurs 14th Mon 18th |

